



Healthcare

June 2024

## Meet the new Director of Nursing, Langa Dube-Sayeni: A day in the life at Mayo Clinic Healthcare



We are delighted that Langa joined as our new Director of Nursing in January 2024, she has been a nurse for over 15 years so her experience is invaluable to the team.

Throughout the day, Langa spends time with each of her teams delivering support and care to the patients throughout the clinic. This includes imaging services where scanning can range from X-ray and Mammography through to CT and MRI, and the endoscopy theatre where diagnostic investigations are performed. She checks in to make sure that all services are running smoothly and talks to patients about the experiences they have, ensuring that any questions are answered quickly. Sometimes she even finds time for lunch!

Her vision for Mayo Clinic Healthcare is deeply rooted in its clinical excellence and patient-centric approach. Patients visiting Mayo Clinic Healthcare can expect a warm reception and individualised care from every staff member. Langa takes time to make sure her team prioritises patient needs at every level, her presence enables them to feel supported in delivering this vision.

Langa's journey into nursing began in Zimbabwe, motivated by a desire to make a positive difference following personal experiences with inadequate healthcare. What she has found most rewarding about being Director of Nursing is the human connection and knowing that her actions positively impact others during what can be a stressful appointment. We look forward to seeing what developments she introduces next.

## Spring Gastroenterology event – a great evening of knowledge sharing

On 15th May, Mayo Clinic Healthcare hosted a gastroenterology spring networking event for healthcare professionals. Attendees toured our clinic and heard from our expert gastroenterologist about tell-tale signs of bowel cancer and when it would be appropriate to refer. [Dr Sami](#) discussed the growing incidence of bowel cancer, genetic and lifestyle risk factors and the importance of early detection. He spent time answering the great questions posed by the doctors in the room and some healthy debate ensued.

Mayo Clinic Healthcare in London offers comprehensive and individualised bowel cancer screening options, find out more about how we can support you and your patients [here](#).

## Consultant spotlight: Professor Brecker's pivotal role in the development and advancement of heart valve disease procedures.



[Professor Stephen Brecker](#), is an expert in general and interventional cardiology and a leading cardiologist at Mayo Clinic Healthcare.

With his particular interests in heart valve disease, coronary artery disease, hypertension, heart muscle disease and the cardiological interface with stroke, he is a very valuable resource for doctors and colleagues to refer to.

He has decades of experience in both general and interventional cardiology with particular expertise in valvular heart disease and the interface between heart and cerebrovascular disease. Professor Brecker has been active in research and education throughout his career and written over 200 publications.

Professor Brecker advises that with an ageing population, chronic conditions are becoming much more prevalent, this includes heart valve disease. Fortunately, advances in medical technology have introduced minimally invasive methods to treat this condition, offering a less invasive alternative to traditional surgery.

The transcatheter aortic valve implantation (TAVI) procedure, is overtaking surgery in many groups of patients as the standard of care and Professor Brecker has played a pivotal role in the development and advancement of this procedure. It provides a safer and more effective option for managing valve disease conditions.

## Mayo Clinic Healthcare cardiology team

Our extensive Cardiology team can provide a wide range of services, from diagnosis to treatment at our clinic here in London. Mayo Clinic Healthcare has a broad range of cardiology expertise and sophisticated cardiac imaging services. Our Cardiologists also work with Mayo Clinic's top-ranked clinicians in the United States, including more than 240 experts trained in every cardiac subspecialty.

With consultant examination and diagnostic imaging all under one roof, our experts can diagnose and treat a wide range of cardiac conditions for your patients.

Mayo Clinic Healthcare, in Portland Place London, provides a comprehensive, integrated and streamlined approach to clinical assessment, thorough investigations and a clear management plan.

Learn more about Mayo Clinic Healthcare's state-of-the-art health services at [mayoclinichealthcare.co.uk](https://www.mayoclinichealthcare.co.uk) or call 020 7871 2575.